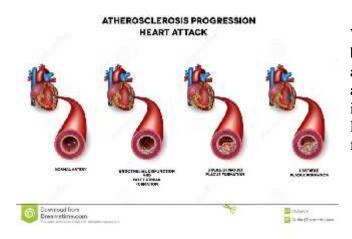
WHAT IS CHOLESTEROL AND CORONARY ARTERY DISEASE?



When there is too much cholesterol in your blood, it builds up in the walls of your causing called arteries, process atherosclerosis, a form of heart disease. LDL is the main source of artery-clogging plaque. HDL actually works to clear cholesterol from the blood. Triglycerides are another fat cholesterol